

Bible 11/12

Major Stresses on a Marriage

(Note: This is only a small list. There are many more possibilities.)

1. Marrying too **young** and having to accept tremendous **responsibilities** before one or both spouses are mature.
2. Conflicts over money—not **enough** of it, **how** it is spent, excessive **credit**
3. Over commitment and **physical** exhaustion
4. Interference from **in laws**
5. Selfishness—unrealistic **expectations** and **demands** on one another
6. Alcohol, substance abuse, pornography, gambling and **other addictions**
7. Sexual frustrations, **loneliness**, reduced communication, lack of intimacy, lack of **faithfulness**
8. Loss of **job**, business failures, work-aholism
9. Difficulty with children—**rebellion**, **disabilities**, accidental **death**
10. Lack of a **spiritual** commitment to bind people together during **tough times**